

DID YOU KNOW THAT THE MOST INJURED AREA OF THE FACE DURING CONTACT SPORTS IS THE MOUTH?

Custom mouthguards properly made at the dentist are made to fit your mouth perfectly. They are comfortable to wear, have good retention and fit, and cause minimal interference to speaking and breathing. Protective functions of a mouthguard are as follows:

- . It prevents the tongue, lips and cheeks from being lacerated against the sharp edges of the teeth.
- . It significantly lessens the risk of injury to the front teeth following a *blow from in front*
- ; - It lessens the risk of damage to the back teeth of either Jaw.
- . It lessens the risk of concussion resulting from impact to the lower Jaw.

Children and adults who participate in contact sports, including during training sessions, must wear Mouthguards

SPECIAL OFFER!!! For readers of the NBS newsletter the initial assessment for your mouth guard is FREE * Conditions Apply. Ring the number below for more information.

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