

Your Feet Are Connected To Your Spine

Here at Necks Backs Sports we've often used Dr James Teo's orthotics inserts to great effect. Part of the success lies in understanding the difference between high and rigid orthoses and semi rigid and flexible orthoses. We've always found that Dr Teo's craftsmanship in this regard has served our clients very well. The unique workmanship at Dr Teo's onsite lab ensures personal customization of each orthotic. So when people have foot pain or even back pain they can be assured of a comfortable fit of their orthotics, which makes them more likely to wear them and so more likely to help conditions such as back pain, hip pain and even to some extent neck pain.

We have found that in over 90% of cases we get a positive result by referring to the Castle Hill Podiatry Centre. Both James and Kaushal have special interests in paediatrics, or children's gait, and use of both manipulation and orthoses to suit conditions such as bow leggedness, knock knees and problems with tripping and falling.

If you have any questions regarding any of areas please contact either Kaushal or James.